

ARP DAY OF PRAYER & FASTING

Revival • Reformation • Outreach • Church Growth
Friday, August 7, 2026



Outreach
NORTH AMERICA

“If my people who are called by my name humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land” (2 Chronicles 7:14).

Today, congregations across the Associate Reformed Presbyterian Church are joining together in a quarterly day of prayer and fasting, as approved by our General Synod. Please use this guide during your corporate, personal or family devotional time today.

A note on fasting

Fasting is the voluntary abstaining from food (or another earthly comfort) for a spiritual purpose. It is a physical reminder that our ultimate sustenance and satisfaction come from God alone. If health permits, consider fasting from one meal or for the entire day today, using the time you would normally spend eating to intercede for Christ’s Kingdom.



Prayer Focus

Personal & Corporate Repentance (Revival)

- Ask the Lord to examine our hearts, renew our first love for Christ, and forgive our complacency.
- Pray for a spiritual awakening in our own pews, homes, and communities.

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Fidelity to God’s Word (Reformation)

- Pray that our pastors, elders, and sessions will stand firm on the truth of Scripture with boldness and humility.
- Ask God to conform our worship, discipleship, and daily walk more closely to his revealed means of grace.

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Church Planting & Outreach (Outreach North America)

- Pray for our current ARP church plants, mission congregations, and the planters who lead them—for endurance, protection, and fruit.
- Ask the Lord of the harvest to raise up new leaders and open doors for fresh church planting works across North America.
- Pray for your presbytery’s Church Extension Committee as it advances the 10-year presbytery initiative to plant one church per year.

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Health & Growth of Established Churches

- Pray for a renewed missionary zeal in our established churches to reach the unchurched in their local neighborhoods.
- Pray for unity, peace, and spiritual vitality within your presbytery to faithfully shepherd all the churches.

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